




# Breakfast

**Mediterranean Egg White Panini**  5  
Egg whites, provolone cheese, roasted pepper, spinach and pesto on whole grain gluten free bread

**Breakfast BLT**  6  
Bacon, lettuce and tomato sandwich with scrambled egg and Sriracha mayonnaise on griddled gluten free bread

**Smoked Salmon Sandwich** 9  
Smoked salmon and cream cheese layered with cucumbers, capers and fresh dill on pumpernickel bread

# Salads

**Health Nut Salad**  12  
Apples, cranberries, almonds, sunflower seeds and edamame over spinach and romaine with creamy poppy seed dressing

**Southwest Chicken Chopped Salad**  12  
Grilled chicken, roasted corn, black beans, avocado, Roma tomato, pico de gallo and mixed greens with green chile dressing

# Quesadilla

Served with sour cream, pico de gallo and tortilla chips

**Cheese** 9  
**Cilantro Chicken** 10

# Specialty Sandwiches

Offered with an apple fennel salad or chips and a pickle.

**Turkey Florentine Panini**  
Roasted turkey breast, melted Swiss cheese, fresh spinach and honey mustard on griddled bread

**American Club Sandwich**  
Smoked ham, roasted turkey, bacon, leaf lettuce, Roma tomato and basil mayonnaise on whole wheat bread

# Signature Selection

**Gourmet Fruit and Cheese Assortment** 8  
Imported and domestic cheeses paired with fruit, crackers and dark chocolate square

**Charcuterie Platter** 9  
Sliced manchego cheese, mortadella, soppressata, prosciutto, chorizo, seedless grapes, dried whole apricots, whole toasted almonds, fig spread & seeded flatbread crackers.

**Avocado Caprese** 8  
Ripe avocado, fresh mozzarella, grape tomato, roasted pepper and cucumber over spring mix with a light vinaigrette

**Lobster Mac & Cheese** 9  
Gouda & sharp white cheddar cheese, caramelized onions, lobster, sherry wine, & buttered bread crumbs

**Bacon Gouda Mac & Cheese** 9  
Smoked bacon, gouda , sharp white cheddar cheese, & buttered bread crumbs

# Snack Bites

**Sahale Nut Blends**  3  
Almonds with Cranberries and Honey  
Cashews with Pomegranate and Vanilla  
Classic Fruit and Nut Blend  
California Almonds with Sea Salt

# Sips & Chips


**Energy Drinks** 4

**Mineral Water** 4

**Bottled Water** 3

**Chips** 2

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 The Mindful logo represents choices that are all under 600 calories, less than 100 mg of cholesterol, less than 800 mg of sodium and greater than 3 grams of fiber.

For more information on our award winning wellness program visit [www.mindful.sodexo.com](http://www.mindful.sodexo.com)

Additional nutritional information for the salads and sandwiches available at [www.aa.com/admiralsclub](http://www.aa.com/admiralsclub)

# Drink Menu

Complimentary selections of Flat Rock chardonnay and merlot, Anheuser-Busch or MillerCoors beers and house spirits.

## Premium Choice

by the glass

### **Spirits** 8

Smirnoff, Bombay Original, BACARDI Superior, Captain Morgan Original Spiced, Dewar's White Label, Jose Cuervo Especial, Sauza Hornitos Plata, Jim Beam

ABSOLUT, Stoli Oranj, Russian Standard, Tito's Handmade Vodka, Bombay Sapphire, Tanqueray, Johnnie Walker Black Label, Avión Silver Tequila, Jack Daniel's, Jameson

Ketel One, Grey Goose, Ultimat, Hendrick's, Glenlivet, Glenfiddich, Patrón, Crown Royal, Maker's Mark, Templeton Rye, Angel's Envy Bourbon, Knob Creek Bourbon

### **Cordials** 10

#### **White** by the glass

Treana Chardonnay 12  
Central Coast, California

Rocca Sveva 12  
Soave Classico DOC, Italy

50° Riesling 12  
Rheingau, Germany

#### **Red Wine** by the glass

Hahn Pinot Noir 12  
Monterey, California

Troublemaker Blend 12  
Central Coast, California

Goose Ridge "g<sup>3</sup>" Cabernet Sauvignon 12  
Columbia Valley, Washington

### **Sparkling Split**

Mionetto Prosecco 14  
Treviso, Italy

### **Beer**

Premium Domestic/Craft 7  
Imported 8